



# Port Moody Times

Thursday  
September 28, 2023  
Day 2

## **STUDENTS ID CARDS:**

Please come to the office for your Go Gard (Student ID) at lunch or after school.

## **GR. 12 OFF-BLOCK STICKERS**

Gr. 12 students who need an off-block sticker can pick them up at lunch or after school at the office. Please bring your Go-Card and a copy of your schedule.

## **SD 43 STUDENT LEADERSHIP COUNCIL**

Hello everyone! 🌟 Welcome to SLC 2023/24! We are absolutely thrilled to share some exciting news – we're on the lookout for ambassadors from each Secondary School in SD43 to join our Secondary general membership this year. This means that high school students all across SD43 have an amazing opportunity to become a part of the Student Council of the district.

So, what's in store for you as a part of this fantastic journey?

🌟 You'll be among the 6-8 awesome students selected from your high school to represent your school's voice. Your ideas will shine in our monthly student-led meetings at the district education centre.

🌟 Our Secondary group for SLC 2023/24 has a fixed number of members, ensuring a welcoming and close-knit community.

🌟 As a Student Ambassador, you'll be the champion of ideas at your school, consistently managing question/idea boxes.

🌟 You'll have incredible opportunities to collaborate with other inspiring leaders to organize projects and initiatives within the district.

🌟 The best part? Your ideas will directly influence decisions as they're brought to the school board for action!

Applications to become a Student Ambassador will be available starting on September 20, 2023 here

<https://forms.gle/6bPSkrCmnsRfW2wu7>. Don't miss this chance to work alongside district leaders and bridge the gap between the school board and your fellow students. We can't wait to get to know each and every one of you! 🌈 🙌

## **STUDENT COUNCIL ELECTIONS – GET INVOLVED!**

- Student Council is now seeking two representatives from each grade to serve for Student Council. The goal of Student Council will be to serve as a hub for events and clubs that represents and includes the voices of the entire student body.
- The application form for Grade Representative will be shared via school email by the end of the school day today (opens at 3pm).
- If you're interested in getting involved, please complete an application form before the deadline (Thursday, Oct 5 at 4pm)!

## **TEDXYOUTH@PMSS**

Hi PMSS! TEDxYouth@PMSS is back for year 2 and will be taking place on **Friday, September 29, 2023 at 4pm in the drama room**. The theme is "Breaking Barriers" and will feature 6 wonderful speakers: Vincent F, Jahau Y, Emily L, Daniel A, Vincent Z, Chris C. Free snacks and drinks will be provided at the event. Sign up through this link before seats run out! The event will be capped at 100 participants. <https://forms.office.com/r/umpTpiNwqZ>

# ONGOING

**PARENT FORMS & STUDENT FEES:** School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

**PMSS TIMES:** The PMSS Times newsletter will be emailed to parents and students on Tuesdays and Thursdays. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

## CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

### PMSS Career Resource Centre

**Room: 3066.** Open from 8:00am – 3:30pm Monday-Friday.

If you have any questions or to book an appointment, please feel free to email Ms. Rose at [jorose@sd43.bc.ca](mailto:jorose@sd43.bc.ca) or call 604-939-6656 ext. 3066. **Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or e-mail Ms. Rose**

For Grade 12, [PMSS Big Picture book 2023 2024.pdf](#) Focus on the BIG PICTURE for the Graduates of 2024 – a guide for your Grade 12 Year – Overview of the Year Ahead.

### Virtual / In-person Information Sessions, Presentations & University / College Fairs

Post-Secondary Info Session Scheduled Visit , [2023-2024 Post-Secondary Info Session Schedule.docx](#)

University of Ottawa	September 29 <sup>th</sup> 8:20am - 8:45am	Drama Room
University of Toronto	September 29 <sup>th</sup> 3:05pm - 3:45pm	Drama Room
CUE (Canadian University Event)	September 29 <sup>th</sup> 2:00pm - 3:30pm	Heritage Woods Secondary
CUE (Canadian University Event)	October 4 <sup>th</sup> 6:00pm - 8:00pm	Riverside Secondary School
Simon Fraser University	October 16 <sup>th</sup> 2:00pm – 2:45pm	Drama Room
SFU Beedie School of Business	October 18 <sup>th</sup> 11:35am – 12:25pm	Drama Room
Ivey School Western University	October 19 <sup>th</sup> 11:35am – 12:25pm	Drama Room
Post-Secondary BC Mini Fair	November 2 <sup>nd</sup> 12:15pm – 1:45pm	Small Gym

Students can meet in-person with colleges and universities in Vancouver on September 28th! Attend [Study and Go Abroad / SchoolFinder Fair](#) on **Thursday, September 28th** at the **Vancouver Convention Centre**. Students will have the chance to explore their academic options, chat directly with representatives from top schools, gather information about programs, and more. **WHEN: Thursday, September 28, 2023** Fair: 2pm - 6pm PT Seminars: 1pm - 6pm PT. **WHERE: Vancouver Convention Centre at Canada Place, East Ballroom.** To register, visit, [Event Registration - Study and Go Abroad / SchoolFinder Fairs](#)

**Join this year for BC's largest hands-on trade event for youth. Trades Expo** brings together employers, training providers, and the trades all under one roof. Trades Expo's provide youth with an opportunity to explore the Trades. There are hands on opportunities, there are employers looking to hire graduates and there are training providers looking to register youth for training programs. Tradespeople are ready to answer questions and engage with youth. When: **October 18-19, 2023.** To register and for more information visit, [Trades Expo 2023 - Event Registration Tickets, Multiple Dates | Eventbrite](#)

**ECF Education & Career Fairs.** The annual Education & Career Fairs provide an opportunity for high school students to connect with representatives from universities, colleges, and skilled trades learning institutions, and employers from across Canada. More than just a trade show, ECF creates opportunities for individuals or organizations to chat, ask questions and learn together. **All their fairs are completely free to attend!** . You can expect to see a medley of professionals and post-secondary representatives in attendance who can help you take the first steps in entering the workforce and/or assisting your students in their pursuit of higher education. For more information visit, [ECF 2023 \(educationcareerfairs.com\)](#).

### General Learning Opportunities

**22+ TRADES TRAINING PROGRAMS,** Visit ["TRAIN in Trades" Programs - School District No. 43 \(Coquitlam\) \(sd43.bc.ca\)](#)  
**Contact: Ben King** Career & "TRAIN in Trades" Coordinator 778-984-1354 [bking@sd43.bc.ca](mailto:bking@sd43.bc.ca)

**\*NEW\* BCIT Biotechnology Career Awareness Workshop.** NOW ACCEPTING APPLICATIONS for the BCIT Career Awareness Workshop. **Workshop A: Winter Term - December 11 – 15, 2023.** The program is directed at Grade 10, 11 and 12 students with a strong interest in science who want to learn more about applying biology to real-world problems such as human disease. It is built on a partnership between BCIT, local biotechnology companies and participating school districts. They will be accepting 24 students with priority given to Grade 12 students first and then Grade 11 and 10 students based on date order they apply and district allotment. To apply and for more information, [BCIT 2023 Biotechnology Career Awareness Workshop Program.](#)

Upcoming **online** Career Fair Event for high school girls, **October 19, 5-6pm PDT**. This event will feature **women professionals** working in diverse STEM careers. Participants will learn about their various careers including **Uro-Oncology, Biochemistry and Teaching**. This event is open to all girls, and is not exclusively for those who are indigenous. Participating high school girls will also get the opportunity to chat with women professionals and ask questions about their careers. To register, <https://www.eventbrite.com/e/quantum-leaps-career-conference-uro-oncology-biochemistry-and-teaching-tickets-721584176697?aff=oddtcreator>

**WCM** is excited to announce the return of Job Shadow Day Vancouver in October 2023! Grade 11 and 12 young women and gender-diverse high school students to spend a day downtown in the financial district and learn more about careers in finance. [Job Shadow Day](#) is a free, day-long event, featuring interactive workshops, networking and mentoring sessions, presentations profiling women with diverse careers in finance, and an afternoon of job shadowing with a mentor who works in the industry. Job Shadow Day gives students a first-hand view of what a career in finance can look like. **Registration closes October 6th- they have 20 spots remaining. They ask that you register as soon as possible, spots are first come, first served.** For more information visit, [Job Shadow Day Vancouver 2023 | Women in Capital Markets \(wcm.ca\)](#)

**SHAD Canada**, Spend the month of July exploring the world of STEAM and entrepreneurship through exciting lectures, experiential workshops, team-building activities, and a design project that inspires students to tackle real-world problems. [Shad programs](#) give Grade 10 and 11 students a once-in-a-lifetime opportunity to **grow** their mindset, **collaborate** in a university classroom with youth across the country (and internationally!!), and **build** community change maker capabilities using #STEAM4Good to make an impact! To apply and for more information visit, [Shad Canada | Apply for Shad2024!](#)

**Society of Canadian Women in Science and Technology (SCWIST)**. SCWIST is an advocate for Equity, Diversity and Inclusion (EDI) in schools, universities, businesses and Canadian society, and supports efforts to promote equality for all, especially within science, technology, engineering and math (STEM). Applications for their [eMentoring program](#) are now **open**. eMentoring runs three times a year. The program is available for any students who identify as female or women, girls, trans, genderqueer, non-binary, two-spirit, and gender questioning. Sign up for eMentoring and they can put you in touch with a professional woman who is closely matched to your own interests or understands your situation. To apply, [eMentoring Application - SCWIST](#)

#### **Empowered Black Girl Internship Program July 31<sup>st</sup> – September 29<sup>th</sup>, 2023.**

The Empowered Black Girl Internship Program is designed to provide high school students grades 10 - 12 who identify as black girls with an opportunity to gain hands-on experience in various fields, with a keen focus on science, technology, engineering, and mathematics (STEM) fields and entrepreneurship. This program will provide an opportunity to develop new skills, build confidence, and establish a network of mentors and professionals who can guide and support them as they navigate their career paths. The program will also help students to develop leadership skills and learn how to advocate for themselves and their communities.

See flyers for more details, [Empowered Black Girl -internship-flyer.pdf \(sd43.bc.ca\)](#)

### **Volunteer/Employment Opportunities**

**Legion British Columbia/Yukon Command** is looking for volunteers to help with their service. Their service include: organizing and helping at events, cooking meals, fundraising for the poppy campaign, managing branch social media pages, designing posters and graphics and much more. Go to [Home - Legion BC/Yukon Command \(legionbcyukon.ca\)](#) to find your local branch.

#### **XDHACKS MINI VANCOUVER – EXECUTIVE TEAM (VOLUNTEER)**

XdHacks Mini is a global youth-led non-profit organization that hosts hackathons for high school students. Their previous events include various hackathons both in-person (ex. hosted at the University of British Columbia) and virtually (ex. Climate Code 2021 featuring over 230 participants from 10+ countries). Most recently, XdHacks Mini organized Hackamental 2023, where experienced professionals from companies like Amazon, Microsoft, the Government of Canada, and Fortinet inspired participants through presentations, workshops, and judging. Currently, XdHacks Mini is actively recruiting dedicated high school students from the Lower Mainland to become part of the next phase of XdHacks Mini Vancouver. Joining XdHacks Mini Vancouver offers an opportunity for students to contribute to a rewarding endeavour. In 2023-2024, XdHacks Mini plans to introduce an in-person summer hackathon.

<https://forms.gle/xZgVdvKa7AZxYsw79>

**Port Coquitlam Recreation** is excited to be offering a number of volunteer opportunities for people 14+ years of age beginning this Fall, including afterschool programs, skate and swim lessons, art programs, a youth leadership group, and community events. This is a great opportunity for anyone looking to build their resumes, develop their leadership skills and connect with their community. Applications are now available on our website

at [www.portcoquitlam.ca/volunteer](http://www.portcoquitlam.ca/volunteer). See flyers for more details, [Fall 2023 Youth Flyer.docx](#)

[Reading Buddies Teen Poster Fall 2023.docx](#)

The **Port Moody Public Library** is looking for teen volunteers for their Book Buddies and Code Buddies programs (in-person and online). You can get experience, leadership skills, and volunteer hours working with kids. Apply to become a teen volunteer at [Teen Volunteer Programs - Port Moody Public Library \(portmoodylibrary.ca\)](#).

**Seaview Community School and Miller Community School** are looking for volunteers to help with their afterschool programs. **Program Details:** The afterschool programs provide students with a variety of games and activities including Arts & Crafts, Lego & Board Games, Outdoor Games (weather permitting), homework help and much more! **Position:** Looking for volunteers to play, to hang out with the kids, play board games, do crafts, help supervise and cleanup. **Location:** Seaview Times: 2:45/3 pm – 5:00 pm; Monday – Friday (You can volunteer for 1 hour or 2 hours). Miller Park Times: 2:45 – 4:45 pm; Monday – Friday (You can volunteer for 1 hour or 2 hours). If you are interested, please email Ms. Neelofar Nurani at [nnurani@sd43.bc.ca](mailto:nnurani@sd43.bc.ca)

**Youth Leadership Millennium (YLM)** program hosted by non-profit S.U.C.C.E.S.S., which is one of the largest charitable organizations in British Columbia providing services in settlement, language training, employment, family and youth services, and community development. YLM program provides youth aged 15-30 with opportunities to develop leadership skills, engage with their community, and build confidence. It is a free 8- month long leadership program. YLM offers certificate, 120 service hours, training certificates, reference letters and more. To register and for more information visit, <https://successbc.ca/forms/career-and-youth-services-group-registration-form/>

**The Youth Development Instrument (YDI)** is a youth health and well-being survey for Grade 11 students in BC. They need passionate youth (aged 15-18 years) to join their Youth Advisory Council (YAC) as YDI Ambassadors. YDI Ambassadors discuss and provide feedback on all aspects of the YDI study to ensure the project is relevant for youth. YAC meetings are held by video call 6 times a year.

Ambassadors undertake their roles as volunteers but will receive a small honorarium to support time spent on YAC activities. To apply and for more information visit, [https://ubc.ca1.qualtrics.com/jfe/form/SV\\_9ymN8zw0uPoU45w](https://ubc.ca1.qualtrics.com/jfe/form/SV_9ymN8zw0uPoU45w)

## **Scholarship / Awards**

 [List of Scholarships, Awards, Bursaries .docx](#)

**\*NEW\* 2023 – 2024 Schulich Leader Scholarships.** The **Schulich Leader Scholarships** are the largest and most prestigious entrance scholarships awarded to high school graduates enrolling in Science, Technology, Engineering or Mathematics (**STEM**) program at 20 Canadian partner universities. Each year, 100 scholarships are awarded – 50 for engineering students valued at **\$120,000 per** scholarship and 50 for science, technology or math students valued at **\$100,000 per** scholarship. **NOTE:** To be awarded a Schulich Scholarship in your discipline, students must be **nominated** from their high school, and they must have applied to at least one of the 20 partnered institutions. See attached application for more information, [2023-2024 Schulich Application.pdf](#)

**Legion British Columbia/Yukon Command** offers bursaries to students in need of financial assistance. Visit, [Find a Legion Branch - Legion BC/Yukon Command \(legionbcyukon.ca\)](#) to see if you are eligible for their bursary.

**Rotary Youth Exchange - The Rotary Study Abroad Scholarship** is currently seeking students looking for an adventure for the 2024 – 2025 School year! The scholarship covers tuition, room and board and monthly stipend. For more information sign up for their October 12, 7:00pm virtual info session, [Virtual Info Session | Rotary District 5050 Youth Exchange \(youthexchange5050.org\)](#). 2024 – 2025 Exchange Applications Deadline November 1, 2023. To apply, [Home Page | Rotary District 5050 Youth Exchange \(youthexchange5050.org\)](#). [RYE Scholarship flyer 2024-2025 October Info Session 1 page poster.pdf](#)

**Horatio Alger Canadian Scholarships** - For grade 11 students with Financial need. 160 \$5,000 Scholarships Awarded Funded through the generosity of the members of the Canadian Association. The Canadian Scholarships are awarded to eligible students across all provinces and territories in Canada. For more details visit, [Canadian Scholarships - Horatio Alger Association Canada](#). The application opens December 1, 2023.

**LORAN Scholars Foundation Character Service Leadership** – Valued at **more than \$100,000**, the **Loran Award** includes study at one of their 25 partner universities, summer work experiences, mentorship, and a community of supporters and alumni working towards a better country and world. They select up to 36 promising young Canadians as Loran Scholars, based on evidence of integrity, courage, compassion, grit, and a high level of personal autonomy. For more information and to apply visit, [Becoming a Scholar | Loran Scholars Foundation - Fondation Boursiers Loran](#). Deadline for all applications will be **October 11, 2023, before 8:00PM (Eastern Time)**.

**Student who are applying to Loran Award must add Ms. Campbell ( [cicampbell@sd43.bc.ca](mailto:cicampbell@sd43.bc.ca) ) as a school contact.**

**Basant Motors** are presenting a \$32,000 Scholarship Community Pride. The scholarship award goes to graduating seniors furthering their education at a post-secondary institution. Each student selected will receive a one-time \$2,000 scholarship. 16 scholarships will be awarded for a total of \$32,000. Visit [2023 Basant Scholarship poster.docx](#) for more information.

**BCIT** is pleased to announce that the following Entrance Awards are available to students who are planning to attend our institute starting *May 1, 2023 to April 30, 2024*.

- Over 100 additional BCIT Entrance Awards

\*Some valued up to \$18,000 each. \* **Deadlines: October 1, 2023**

# PARENTS

**PMSS 2023-2024 SCHOOL CALENDAR:** Please click [HERE](#) for the 2023-2024 School Calendar

For information regarding PAC, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

**FIRST PAC MEETING: Tuesday, October 3<sup>rd</sup> at 7:00pm**

We would like to welcome and thank the following parents for joining the PAC for the upcoming 2023/2024 school year. Congrats to:

**Alicia Purvis: PAC Chair**

**Grace Liang: Vice Chair**

**Miwa Aoki : Secretary**

**Fanny Feng: Treasurer**

**DPAC Rep: OPEN**

AfterGrad Chair: OPEN

AfterGrad Secretary: OPEN

AfterGrad Treasurer: OPEN

# COMMUNITY



## Youth Fall Programs



Programs begin the week of September 18

Pomo Chefs  
Beginner &  
Intermediate

Basketball

Standard First Aid  
and CPR-C/AED  
Workshop

## Pro-D Day Programs

Mountain Biking

Babysitter's Training

## RAD Nights - Out-trip

For ages  
11-15  
years

Rock Climbing

Saturday, Oct 14

5-9pm

Visit [portmoody.ca/signmeup](https://portmoody.ca/signmeup) to register

 @pomoyouth | [portmoody.ca/Youth](https://portmoody.ca/Youth) | 604.469.4556

**PORT MOODY**  
CITY OF THE ARTS